

OUR LADY STAR OF THE SEA SCHOOL

Dear Parents:

We have had our share of communicable diseases in the classrooms. We have seen various forms of digestive and respiratory illnesses. A few students have returned to school before fully recovering from their illnesses. To aid in the prevention of the transmission of these illnesses, please follow these guidelines:

When your child has been ill, do not have him/her return to school until:

1. *Your child is **fever free for 24 hours** without the use of medications such as Tylenol, Advil or Motrin.*
2. *If your child is placed on antibiotics, keep him/her at home for **24 - 48** hours after starting medication.*
3. *If your child as been vomiting or has had diarrhea, keep him/her at home for **24 hours after the last episode.***

Viruses are spread easily in the young population. The sick child is more susceptible to the next virus "floating" around. *You do your child, his/her classmates and teachers and other staff members a disservice by sending him/her back to school too soon.*

PLEASE REMEMBER, WE DO HAVE NURSES EVERYDAY, BUT IF YOU SEND YOUR CHILD TO SCHOOL ILL, THE NURSES WILL BE CALLING YOU TO PICK HIM/HER UP. PLEASE KEEP THEM HOME AND STOP THE SPREAD OF GERMS. THEY NEED TO REST, TO RECOVER AND COME BACK TO SCHOOL HEALTHY.

Please make sure your emergency contacts are up to date and someone is available to pick up your child if you are not able to come to school.

Thank you.

Sincerely,

Sr. Anne M. Landry, CND
Principal